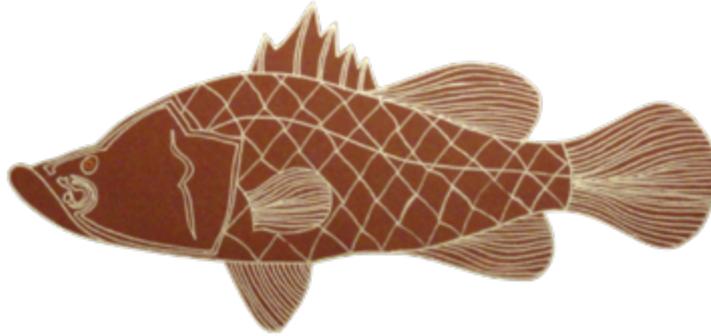


Foundation for Indigenous Sustainable Health

DEPARTMENT OF PLANNING, LANDS
AND HERITAGE

DATE
18-Dec-2020

FILE
SDAU-014-20



“Healthy spirit, heart, mind and body,
healthy families, community and land”



**FISH Myalup Karla Waanginy Justice Initiative
Program & Site Co-design Process**

PROGRAM & SITE DEVELOPMENT

Co-Design Process

For decades governments have funded justice programs that have been designed by non-Aboriginal people to bring about change for Aboriginal people. However, significant change is yet to occur and FISH believes that co-designing a justice program with Aboriginal people for Aboriginal people has a much higher probability of success.

FISH is committed to the true principles of **co-design**, which has to allow time for yarning and deep listening, to what is *not* said as well as what is being said. As we do that, we share and value each other's hearts, spirits, ideas, knowledge, experience, wisdom and discernment. After yarning and listening, we capture what has been heard. Then we meet again, to yarn, listen, check, develop further, capture more and make changes. The cyclical process continues until people are comfortable with what has been captured; only then do we proceed to the next stage. As a result, FISH programs are designed from a solid foundation of mutual understanding.

FISH began gathering design ideas for our justice program from Aboriginal people over three years ago and based on work over the last 20 years in justice. Formative ideas came from our conversations with Aboriginal Elders, such as Koodah Cornwall, plus Aboriginal community leaders. Men incarcerated at **Casuarina Prison** contributed their ideas when FISH ran two Cultural Healing pilot programs in 2018-2019 (see Organisational Capability chapter). We also started growing our network of interested Aboriginal people from across Australia.

After the Myalup site was secured in late 2019, FISH was forced to pause the project due to COVID-19 restrictions. Once restrictions eased in WA, FISH went with a small group of Aboriginal Elders and community leaders to the Myalup in June 2020 to perform a cultural fire lighting and smoking ceremony, confirm the choice of site and yarn about the program. An outcome of the yarning was naming the program '**Myalup Karla Waanginy**', a Noongar phrase meaning 'meeting place for different people to come together and yarn around the fire'.

At the same time, Noongar Elder Koodah Cornwall provided the FISH team with a message stick to take to meetings so the words and presence of the Elders and community would travel with FISH.



FISH receiving message stick from Aboriginal Elders and leaders at Myalup site

Aboriginal Co-Design Group

FISH then brought together an **Aboriginal Co-Design Group** (below) in July and August 2020 to work on designing the core programs and give more input to the site design. Given the group size, diversity and geographic spread of the group, FISH worked with smaller groups of people – men and women separately, in person and via online technology.



Myalup Karla Waanginy Aboriginal Co-Design Group

Each member of the co-design group contributed their unique knowledge and experiences to the design work. Most of the group have been involved with the justice system in one or more ways:

- Lived experience of incarceration and/or
- A family member who was/is incarcerated and/or
- Running programs or services in prison

Group members yarned about:

- Deciding the name and objective of the program
- Agreeing on the program principles
- Discussing program participants' pathways into and through the program
- How people will heal
- Articulating the core programs
- Discussing what supports and facilities program participants would need
- Discussing how program participants would live, work and heal at the Myalup site.

Our discussions also included everything related to the site layout, the landscaping, how a building will feel, how people will walk the land, and how people will reconnect to themselves and the land.

Every element is important given that the built, natural, social and program environment will all impact on each individual's journey of healing to rebuild their social and emotional wellbeing.

Co-Designer Comments

About the Process

"It was a privilege to meet Aunties and tiddas alike and to engage in purposeful, meaningful yarning to progress this amazing project."

"I loved seeing the growth of the ideas and concepts being driven by Aboriginal people – it gets more and more exciting."

"It's been exciting to see the progress of (designing) the program that will work for our people."

About the Program

"Program looks really good: you guys should be very excited because I am – it is going to be a game changer for our people."

"I'm excited because you will get results from this program."

"I wished I'd have had this program for myself when I was in the incarceration system and so disconnected from my Culture."

"FISH is ahead of the game and this program needs to happen nationally."

About the Healing Journey

"Myalup will be where we can come and heal from our trauma without judgment and connect again with our culture."

"It's easy to fall back into the same habits – you need a place to take time out, away from your dysfunctional bubble."

"Change is an individual journey. Our job is to plant seeds of change."

"Healing is a courageous, lonely and individual journey that takes a lifetime."

Final Comments

"Thank you for continuing to work in a collaborative manner that is committed to collating and checking in and checking again. Feeling honoured to be working with FISH on this project."

"I just want to say how incredible it has been working through this document with you all and also seeing the end product. I am so inspired by this vision and the end result, I have read through all documents and can only give praise as it is a brilliant outcome. Congratulations on creating an inclusive model and an alternative to prison that is so needed nationally."

Click on link to view the video from Co-design members to hear their feedback on the co-design process: <https://www.youtube.com/watch?v=9f2v9FNnZ80>

FISH Myalup Karla Waanginy Justice Initiative Co-design team:



Karen Jacobs

FISH DIRECTOR

Karen is a bloodline descendant and a Traditional Owner of Whadjuk Country.

Her primary focus is on developing and encouraging Aboriginal people's involvement in enterprise and business opportunities.

Karen is Managing Director / Chairperson of Indigenous Economic Solutions and Chairperson of The Whadjuk Foundation. She holds Directorships on a range of economic and community boards and trusts. Karen has an extensive background in Aboriginal cultural heritage, environmental management, cultural tourism, education and is a lecturer at the UWA, School of Social Science in the Foundations to Heritage Management.

Her career has led into Indigenous Specialist Services, the analysis of probity and procurement, financial management, marketing and promotion of Aboriginal people's engagement and participation in plans and strategies across all industries and business sectors.



May McGuire

May is connected to Mandurah and Pinjarra and has many connections throughout Noongar country. She is a retired health care worker with an extensive career that include many highlights such as appointed

by the governor as a spokesperson for the breast care committee, travelled Europe and has been to Geneva for primary health care for Women and men. She has worked in the prisons to provide counselling and believed in holistic care. She has a strong connection to culture, teaching and practising with her family; who have started and run cultural tour businesses among many other impressive accomplishments.



Liza McGuire

FISH DIRECTOR & DEPUTY CHAIR

Liza McGuire is a Bidjara, Ghangulu and Iman woman originally from Rockhampton in Central Queensland. She has extensive senior

management experience and holds a number of directorships across a broad range of sectors. Liza started Jinnali Productions, her first business, in 1999 which resulted in her co-producing the first Aboriginal women's calendar taking it to international audiences in addition to providing young Aboriginal women with access to opportunity in the fashion industry.

Liza has numerous business interests and is the co-founder of Redspear Safety and Safespear. Both of these businesses provide high-end business critical products and services to the mining, construction, medical and oil and gas sectors. She is passionate about economic and community development in Aboriginal communities and to this end, serves as a director on the boards of the Spear Foundation, the Foundation for Indigenous Sustainable Health (FISH) and BINAR Sports. These organisations work together to make targeted interventions in a range of areas which include children and youth, Elders and the justice system.



Delvene Cornwall

A Bibbulmen Yorga, Bibbulmen Whadjuk, Ballardong Yorga and Willmun Yorga. Delvene has worked in the health, justice, corporate, government, education and community sectors across Western Australia

and has been involved in running training and facilitation for over 20 years. Delvene has worked across team and client groups to give them a deeper understanding of cultural matters, clients servicing and team development. She is a deeply cultural woman who continues to work with women to enable them to understand and step into their potential. Delvene is passionate about personal wellbeing, culture, creating a just society and inclusive society where each person is valued and able to positively contribute.



Renna Gayde

Renna is a Walbunja woman from Yuin nation, south coast of NSW. She has lived on Noongar Boodja for 26 years and is a mother of 4 beautiful daughters.

She is a lived experience advisory, with a board range of experience that includes justice system and is currently studying social work at Curtin University. She actively contributes to the community through organisations; is a part of action-based research project about entrenched disadvantage in WA; and actively engaged in the Family Inclusion Network WA that advocates for families through the parents of children who are taken into care trying to tackle the continuing of Aboriginal kids being removed from family.

Renna has a passion for changing the system to ensure that Aboriginal people get a fair go. To not have people sitting in jail as a first response for some of the disadvantages Aboriginal people face. She believes we are at a point where there is an opportunity for change from the years of actions against injustice.



Kaisha Champion

Kaisha is a Noongar, Nunga and Wongi Woman, who was born in Perth and grew up between and Whyalla, South Australia, where she calls home.

Currently finishing her bachelor's in applied science – Indigenous Professional Practices at Curtin University. Working as the Education and Cultural Officer at FISH. She believes in capacity building, self-determination and providing individuals with opportunities that are sustainable and include support to harness the strength and resilience that people have, to achieve goals they may not have thought possible.



Victor Hunter

A Founder and Director of FISH, who has Nyikina heritage in the Kimberley region of Western Australia, providing a direct link to a vast network of Indigenous communities across Australia and bringing

expertise in developing culturally appropriate training and employment programmes.

Victor has worked in the education system, civil system, working in the alcohol and drugs area and working in the prison system across Australia. This has provided him with the opportunity to work with a broad range of people across a broad range of sectors with different life experiences.

Victor has had the opportunity to travel the world and spent an extended period of time in France working with the people.



Koodah Cornwall

FISH ABORIGINAL ELDER & SENIOR ADVISOR

Koodah Cornwall is a Noongar man and Elder from the Willeman clan, committed to lighting the spirit within and reconnecting

Aboriginal people with their culture, community and land to heal their spirit. He has worked for the Department of Education, managed an Aboriginal Corporation for over a decade, worked for the Department of Parks & Wildlife for over 20 years and retired as their State Cultural Coordinator. Koodah has worked with teams from health, justice, corporate (local, state, national and international), government (both state and national), education and community sectors across Australia running cultural training and understanding programs and has been a cultural advisor on a major feature film.



Barry McGuire

A Ballardong, Wadjuk, Noongar who has worked as a consultant and cultural advisor for Local, State, and Federal Government.

In addition to his role as Managing Director of Redspear Safety, he also serves on the board of Reconciliation WA and is currently a cultural ambassador for St Catherine’s College. He is a key member of the cultural advisory for Woodside Energy, is a Director of Aboriginal Choice, a not for profit providing cultural understanding to service organisations working with Aboriginal Elders, and on the Aboriginal Advisory Group for Main Roads. This allows him to exercise his passion for sharing cultural understanding and safety across all nations of Australia.



Frank Mitchell

Director of Kaya group, which encompasses Kardan Construction, Wilco Electrical and Tjuart Architects.

Frank is a part of the Wilco Electrical family since the company's inception in 2006. He started as an apprentice and his technical skill, managerial ability, and leadership aptitude, saw him move quickly from electrician, to site supervisor, to project manager then into co-owner and director.

Engaging a significant number of local, state and national clients cemented his commercial acumen and his social character opened further opportunities to lead Wilco into the future. As a Whadjuk-Yued descendant, he believes that with opportunity comes responsibility. Frank aspires to more than business-as-usual and is focused on promoting social responsibility and sustainability through his leadership. Invigorated by his commitment to mentor First Nations people interested in engaging in the electrical trade, Frank is determined to pay forward the same kind of opportunities and experiences that transformed his life.



Buddy Cornwall

Jerome (Buddy) Cornwall is the second generation from parents who were both Stolen Generation. Through Jerome’s past journey in life and experiences in his struggle with alcohol, drugs and engagement in the

justice system he has a lot to offer people in similar circumstances who have become caught up in the justice system. He is able to speak the truth and provide them with a personal story of how he found his way out of his situation and begun the road to recovery. Jerome is able to demonstrate and speak from personal circumstances about breaking the cycle of generational trauma as the ‘buck stops with him and he is now a positive example to first himself and then his four boys. Jerome has worked in the community and mental health sectors and with people living on the streets. Jerome has deep cultural knowledge and loves sharing his culture with young people to enable them to be grounded.



Kallan Nannup

Kallan is a proud Noongar man from Pinjarra with family ties to Yued, Gnarla Karla Boordja & Whadjuk lands & Binjareb country.

Kallan became a qualified painter after completing his painting apprenticeship in 2013, graduating from the Fairbridge, where he developed his heritage-style and contemporary painting skills.

In 2011 he received the Master Builder’s Encouragement Award. Kallan has established his own painting business, SML Painting Solutions and is a Registered Painter with a commitment to employ Aboriginal people in his business.



Adam Drake

Founder of Balanced Choice Program and Motivational Speaker.

Adam believes that it is essential to maintain balance of the body, mind, and spirit. He promotes living in a way that nourishes each of these elements. By

making positive choices and structuring our days with healthy balance in mind, people can live their best lives and achieve any goals.

Delivering sessions to various groups, in the NT including the Youth Detention Centre, Malak Re-Engagement Centre, the Positive Learning Centre, Darwin Correctional Centre, the NT Government Youth Outreach and Engagement Team, and more. Including facilitation of professional development workshops based on team building and self-care to private organisations



Jeffery Amatto

Jeffery grew up in Wellington NSW for a majority of his life and is now living on the Central Coast in Darkinjung Country.

He is a proud Wiradjuri man. He has travelled over 110,000kms of Australia

to present his journey through and out of the justice system, being a keynote speaker at many events and locations such as conferences, schools, community schools and to trouble youth. His focus is how he was able to heal from his trauma and how people need to seek support or services to heal that are focussed on reconnecting to culture.



Troy Bennel

Owner of Ngalang Wongi Aboriginal Cultural Tours Bunbury.

Troy has travelled extensively throughout Europe and Asia, as an artist, cultural performer, gallery curator and ambassador for tourism in Australia.

Proud of his Noongar heritage, his country and the place where he grew up, Troy has combined those passions into Ngalang Wongi Aboriginal Cultural Tours and uses his skills in tourism and storytelling to promote his greatest passion, his homeland and the cultural heritage of his people. A family affair, members of Troy’s family, both elders and young people will occasionally join the tours, bringing their own unique, intergenerational perspective to the Ngalang Wongi story.

As an acclaimed Australian artist, Troy has been involved with many of the public art projects in and around Bunbury. Closest to his heart are those that celebrate and commemorate the historical and cultural contributions of the local Noongar people in the region.

Troy also works extensively with local Indigenous youth and is involved in developing ‘on country’ programs aimed at helping at risk young people through interaction with positive role models from within their local community.



Corey Khan

Corey is a Noongar / Yamatji man from Donnybrook, Western Australia with a strong sense of connection to Ngalang Boodja (Our Country). Growing up Corey spent a lot of time out bush, which informed his outlook and understanding

on many levels. He is a multi-disciplinary designer with a growing range of technical skills and a vision for the future of his people, land & culture.

Corey seeks to explore uncharted avenues of Indigenous design by incorporating Aboriginal cultural aesthetics & principles into concepts which ultimately creates a fusion between traditional design and modern technology.

Corey is a Director of Tjuart Architects, an Aboriginal owned architectural company.

FISH Board of Directors

The FISH Board of Directors are made up of the majority of Aboriginal and Torres Strait Islander Members. They hold overall responsibility for the FISH Myalup Karla Waanginy Justice Initiative and have signed off on every aspect of the project development and the final program and site recommended from the FISH Cor-design Group. Click on the link to see the Members of the FISH Board of Directors:

<https://fish.asn.au/people/>